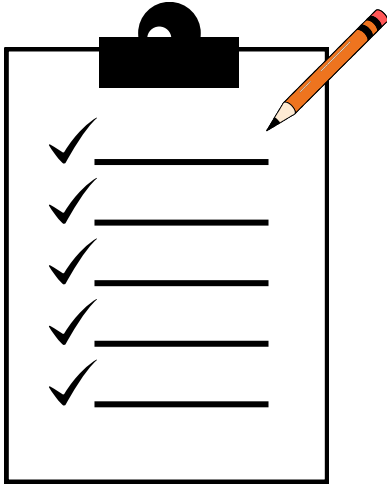


# THE LEGAL DEPARTMENT FOR YOUR FITNESS AND HEALTH PRACTICE



Fitness and Health Professionals can specialize in many different areas. Over the years, we've worked with personal trainers, health coaches, chiropractors, physical therapists, occupational therapists, and many other small businesses with the goal of bettering their patients' health.

While each practice's focus is unique, we've found that there are similar legal needs for these kinds of businesses. And the good news is, we know you! This industry is a main focus for our firm and we'd love to help you to identify risks and strengthen your infrastructure to protect you, your business, and your clients (or patients).

There are 7 areas where the law affects your business:

- Entity Structure
- **Regulatory Compliance**
- Ownership Agreements
- Client Agreements
- **Worker Agreements**
- Vendor Agreements
- Intellectual Property Protection

We can help you build this infrastructure!

For Fitness and Health Professionals, **Regulatory Compliance** and **Worker Agreements** are often major focus areas:

- Do you know all of the regulations that apply to you?
- Have you completed your annual governance for your entity?
- Do you have an employment OR independent contractor agreement in place with each team member to cover confidentiality, non-solicitation of clients, non-disparagement and return of materials?



Additional resources, checklists, and articles about various legal topics are available for download on our website. Scan the QR Code to be taken to our Home Page and use the "Resources" tab to find the topic that is most helpful to you.



If one of the above action items needs attention, we can help! Reach out to us for assistance by giving us a call at **(904) 860-3111** or sending an email to **[business@thelegaldepartment.law](mailto:business@thelegaldepartment.law)**.

 The Legal  
Department  
*For Service Professionals*

# HEALTHY BUSINESSES SERVE THEIR CLIENTS BETTER

## *Why work with us?*

- ✓ There's NO hourly billing here at The Legal Department. We offer flat fee, value based pricing that is quoted to you up front in your free introductory meeting so that there are no surprises when it comes to billing.
- ✓ We focus on educating our clients, not just telling them what they should do. Our attorneys host webinars, classes, and workshops with small business partners in order to share information, not keep it hidden. Our website and monthly newsletters are full of free legal resources.
- ✓ We know you! Our firm's sole focus is on small business law. We have experience with your industry specifically and with firms the same size as yours. We are a small business ourselves - so we know what you're going through, and we'd love to help.

## *What do our clients say about us?*

“ Laurie's guidance has lifted a huge weight from my shoulders. When running a tiny business, there is always something to "worry" about. The Legal Department took a whole list of those worries off my plate. It makes me a more effective business owner and a better sleeper. Thank you, Laurie!  
- Tonya Bennett, No Frills Fitness ”

## *How do I get started?*

### STEP 1

Schedule a free 30 minute introductory meeting with our Business Specialist. This is not a paid meeting and doesn't include legal advice.

### STEP 2

Submit your Business Questionnaire so we can better prepare for our meeting. We'll email the link to you along with our Getting Acquainted Guide.

### STEP 3

We have our introductory meeting to get to know you and your business needs better and go over processes and fees for your project(s).

